

Amendments to the Claims:

The following listing of claims will replace all prior versions, and listings, of claims in the application:

1. (Canceled)
2. (Currently Amended) The ~~method~~ rolling bearing according to ~~Claim 1,~~ Claim 12, wherein the grinding medium has various shapes.
3. (Canceled)
4. (Currently Amended) The ~~method~~ rolling bearing according to ~~Claim 1,~~ Claim 12, wherein a barrel finishing machine is used in the process of removing residual fine foreign matters.
5. (Canceled)
6. (Canceled)
7. (Currently Amended) The ~~method~~ rolling bearing according to Claim 2, wherein a barrel finishing machine is used in the process of removing residual fine foreign matters.
- 8-11. (Canceled)
12. (New) A rolling bearing with an inner race and an outer race comprising parts made by a process of removing residual fine foreign matters with a grinding medium having a lower hardness than that of the residual fine foreign matters prior to a high precision water washing process,

wherein said grinding medium is made from corn-cob as a raw material.